

LITTLE VIC

THE GOOD OIL

ISSUE 3

SATURDAY 2 APRIL 2022: DUNKELD - DAY 3

Tomorrow's riding: Halls Gap to Great Western (53km)



THE HEART OF THE GRAMPIANS

Located in the Fryans Valley at the foot of the Wonderland and Mount William Ranges, Halls Gap was originally known as "Mokepilli" to the indigenous inhabitants the Mukjarawaint, who occupied the area for more than 5000 years.

In 1841, Charles Browning Hall came across the area in search of cattle grazing ground, and the gap at the base of the Grampians was named after him. The local indigenous communities are reported to have helped the settlers explore the region, worked as stockmen and taught the Europeans their bush skills. This sounds like the sort of community spirit that Great Vic riders are very familiar with.

In the 1880s, a tramline from Halls Gap to Stawell was built to deliver Grampians stone to build the Stawell courthouse and St Patrick's Church, and the building materials were further transported for Government House in Melbourne and the Melbourne Town Hall.

Today, Halls Gap is one of the most popular holiday and daytripper destinations in the area, with over 100 separate walking tracks and paths heading into the Grampians National Park. And of course our first and third stop on the Little Vic Bike Ride. Welcome back!

MAJOR PARTNER



PARTNER



HOSTS



TODAY'S MENU

Tonight DINNER

STANDARD: Beef brisket, potato salad and coleslaw

VEGETARIAN: Chickpea fritter, potato salad and coleslaw

GLUTEN FREE: Beef brisket, gluten free salad and coleslaw

GLUTEN FREE VEGETARIAN: Chickpea fritter, gluten free salad and coleslaw

GLUTEN FREE VEGAN: Chickpea fritter, potato salad and coleslaw

VEGAN: Chickpea fritter, potato salad and coleslaw

DESSERT

STANDARD: Apple pie and cream

VEGETARIAN: Apple pie and cream

GLUTEN FREE: GF apple pie and cream

GLUTEN FREE VEGETARIAN: GF apple pie and cream

GLUTEN FREE VEGAN: GF apple pie and cream

VEGAN: Apple pie and cream

Tomorrow BREAKFAST

Porridge, muesli, Nutri Grain, Weetbix, GF cereal, GF muesli, fruit salad, yoghurt, sliced bread, tea, coffee, juice, milk & fresh fruit.

WHAT'S ON

ENTERTAINMENT

Main stage entertainment

3:30pm – 6:00pm – Caravan Sounds

From 6.30pm(ish) – Talent show

From 7:30pm(ish) – 80's Enuuff

Outdoor cinema

From 5pm – Space Jam

From 7.30pm – Gone Girl

TODAY'S CAMP



TODAY'S SHOUTOUTS

This is Bernadine. She just turned 60 and is celebrating her birthday at the Little Vic! Happy birthday Bernie.

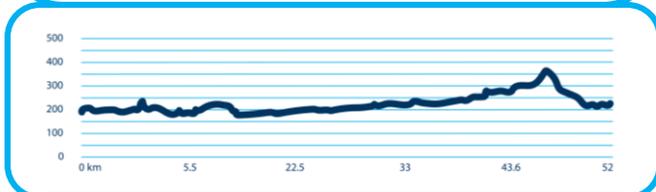


This is Lake Bolac College, and this is their first ever Great Vic bike ride!



TOMORROW'S RIDE

Tomorrow's final day of riding will be a short but sweet journey to Great Western, after an accumulated 200kms over the past few days. But it's not over once you cross the finish line! Hopefully you've saved some energy to explore Great Western, a pretty little town that punches well above its weight and is quickly becoming known as the premier food and wine village of the Grampians.



TOMORROW'S WEATHER

MIN: 12° MAX: 19°

High 19 Low 12 Partly cloudy. Mild winds SE 10 to 20kms.

FINISH SITE

SEPPELT WINERY

Seppelt's Great Western winery was founded back in 1865 when John Seppelt commissioned local gold miners to tunnel the underground cellars that became known as 'The Drives'. By 1900, Seppelt had become the largest wine company in Australia, and today they are excited to be welcoming Little Vic riders across the finish line.

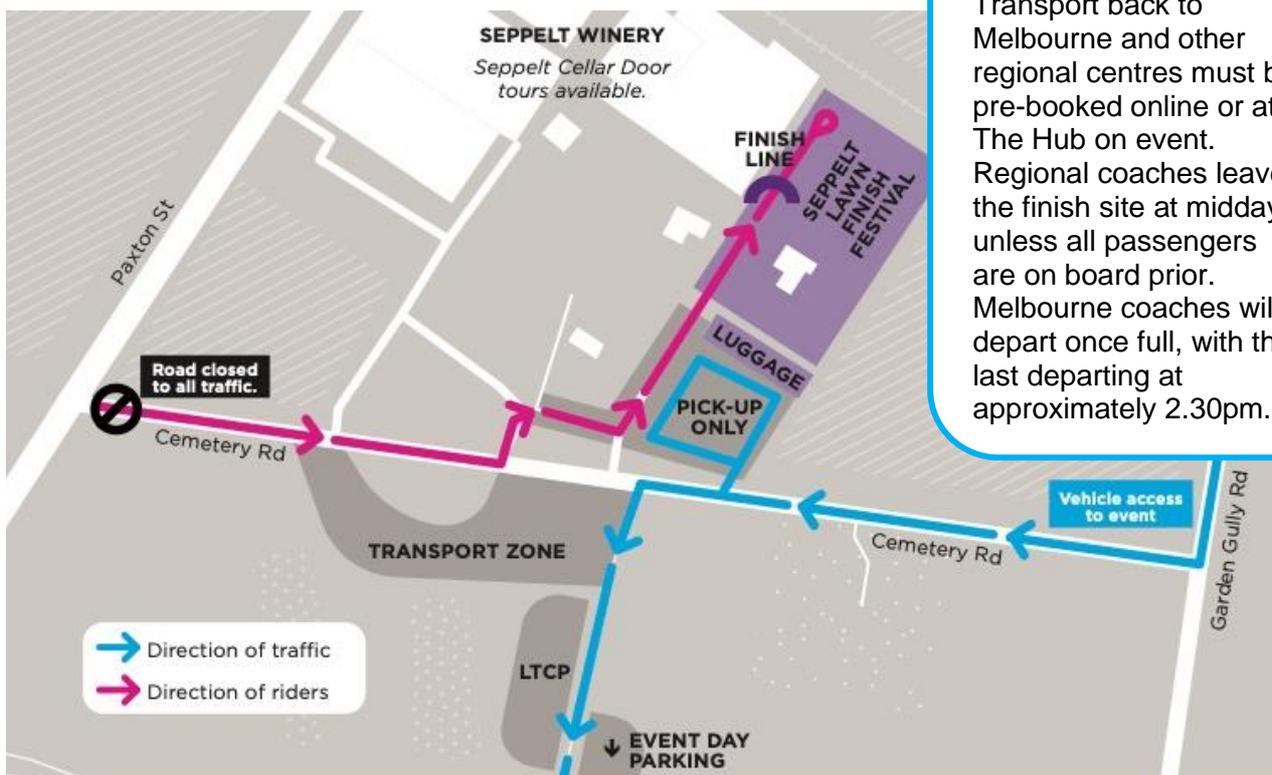
"We are truly excited to be hosting the finish of the Little Vic Bike Ride. Bicycle Network's events have added so much value and interest throughout regional Victoria over many years. We embrace the event, the riders, the support crews and all the families. Please come, stay, enjoy and then return to Great Western; we know you will enjoy what we have to offer," Bruce Ahchow, CEO Great Western Enterprises, incl. Seppelt Cellar Door.

GETTING PICKED-UP?

If you have organised your own transport home from Great Western, please meet your family and friends in the quick pick up zone located in the main Seppelt car park. If they want to cheer you across the finish line, parking is available across the road at the Great Western Rec Reserve.

NEED A RIDE?

Transport back to Melbourne and other regional centres must be pre-booked online or at The Hub on event. Regional coaches leave the finish site at midday, unless all passengers are on board prior. Melbourne coaches will depart once full, with the last departing at approximately 2.30pm.



THE DAILY EXTRA

RIDER STORY

Written by Isobel Heer

It all started two decades ago when Wilson and his son John did the Great Vic together 5 consecutive years.

Now the third generation of the family has joined them, Isobel.

We were all really excited to do the ride together and here we are.

It has been a really good ride so far and we are looking forward to the rest of it.

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Thanks Isobel, and well done on all of the Heer family riding so far. See you tomorrow!

Pictured:

Wilson Heer (78)

John Heer (42)

Isobel Heer (11)



NEWS FROM THE OUTSIDE WORLD

For Valentine's Day, the Bronx Zoo lets you name a roach after your sweetheart

The Bronx Zoo is offering an unusual way to show your undying love: its Name a Roach program. For \$15, you can name a Madagascar hissing cockroach after your special someone.

A potato the size of a small dog is found in New Zealand

A couple discovered the giant spud while weeding. "We couldn't believe it," said Donna Craig-Brown. "It was just huge." They've applied to Guinness to have it recognized as the world's largest potato. An official weigh-in at a local farming store put the spud at 7.8 kg.

A 6th-grader gave a classmate the Heimlich and saved a woman from a fire in one day

An 11-year-old boy from Oklahoma is being honored for his heroism after he saved a choking classmate and rescued a woman from a house fire in one day.

A Norwegian student found a boat launched by New Hampshire middle-schoolers in 2020

The Rye Riptides began as a science class project in New Hampshire. Some 462 days and 8,300 miles later, a sixth-grader retrieved it from an uninhabited Norwegian island, with its notes still intact.

CROSSY'S CORNER

This very small section of the Good Oil is dedicated to everyone's favourite Bicycle Network squad member, Richard Cross, notorious for his insufferable dad jokes. We apologise in advance!

My cloning experiment has really paid off... now i'm beside myself

Have you heard about the new Skydiving fad? Jumping out of a plane without a parachute... Apparently, it's a once in a lifetime experience

... And the difference between a skydiver and a golfer is a golfer goes wack, darn and a skydiver goes darn, wack

I took the shell off my racing snail, thinking he would go faster... but if anything it made him more sluggish

*What is Forest Gumps Password?
... 1forrest1*



Pictured below:
Monica Nitz



BIKE RIDING ON A WHOLE NEW LEVEL

By Chris Karelas

Walking around the campsite today I was surprised to see many, many bikes scattered all around, but what took me by most surprise was Monica Nitz's heavy-duty 30kg Surly Bridge Club, loaded up with all her gear. Fully self-sufficient and carrying her own tent, food, water, clothing and supplies, Monica rode all the way in from her home in Queenscliff, a 330km pre-journey over three days to the Little Vic event in Halls Gap!

An experienced bike-packer at heart, this journey was just an ordinary few days out on the trail, camping over at Enfield State Park near Bunnyong on night one and Mugwamps Campground in Mount Cole State Park on night two. From Queenscliff she pedalled through the towns of Geelong, Bunnyong, Beaufort, traversing Mount Cole and the mighty Lang Ghirin, *"just for the extra adventure"*, revelling in the coffee stops in every town along the way! Last year, Monica reported that she rode a total of 6000km, completing the 1000km Munda Biddi trail from Albany to Perth, then riding 5000km from Perth all the way to her home in Queenscliff.

This was timed to coincide with finishing just in time for the anticipated GVBR from Rainbow to Great Western, however, was unfortunately cancelled due to lockdowns in 2021. She was already on the road and thought to herself *"Why not, I'll just ride home instead"*.

When asked what motivates her to engage in bike packing and outdoor adventures, Monica expressed that it *"puts you in an environment in an amazing way of being able to experience it – you get to hear it, smell it, taste it"*. With bike packing you can be flexible with the route you take, allowing you to opt for adventurous detours, cover longer distances, as well utilising a sustainable transport option.

A bit perplexed myself as to why Monica would want to partake in GVBR events given her experience with tougher adventures, she explained that there is a big difference between self-directed adventure, being on your own, and being part of a big group where there is a sense of community. Seeing how an event such as the Great Vic operates is pretty awe-inspiring for her - *"The way the ride is arranged and how all the little components go together to make it all work is just amazing"*.

Monica is also a volunteer on the Little Vic this year, working in the catering team, and looks forward to the upcoming GVBR towards the end of this year! We wish you well on your adventures and hope to see you very soon again out on the trails!