



Cathy Mead

I am a committed cyclist, cycling for pleasure, friendship, exercise, travel and just to get around from A to B.

My bike has taken me all over the world, Europe, China, Vietnam, USA, NZ and to every state in Australia. I've done about 10 Great Vic rides, I've ridden "Round the Bay". My most recent tour was last year, when I rode from Paris to Istanbul, the Orient Express by bike. Being a cyclist is part of my identity.

I believe I would bring a number of perspective and skills to the Board of Bicycle Network. I have recently taught 4 grandchildren to ride so I'm keen to ensure that they are encouraged to keep riding and have great facilities to make riding safe for them. With my riding group I get out all over Melbourne so I see what infrastructures works and hear from a very wide variety of people about getting out on a bike, and what the impediments and disincentives are.

My professional background is in health, I am a retired public health physician with qualifications in medicine and post graduate qualifications in public health. Over the course of my career I have worked in senior management and policy positions in health and also in academia. I have a particular interest in exercise for health and the importance of social connectedness for health. I have a strong commitment to evidence based policy.

As a resident of the City of Melbourne, I'm interested in maximising the possibilities of using bikes for transport, but I'm very aware that local government areas further out from CBDs are not so well served by riding infrastructure.

Perhaps most importantly, I am very committed to good governance. I have been on the boards of six community organisations so I would bring a great deal of experience to a role on the board of Bicycle Network. My board experience includes COTA Victoria (Council on the Ageing), COTA Australia, Womens Health Victoria, Hepatitis Victoria, and the Public Health Association of Australia. I also served as chair of all but one (COTA Australia) of those boards.

The post corona virus era will have a lot of challenges, but also opportunities. I'm keen to be part of making the most of those opportunities.