

The 10 challenges are:

Challenge	km
☐ Up every Eiffel Tower step and down again	3.3
☐ 8 laps of the MCG	4.0
☐ Scaling Mt Everest	9.0
☐ Around The Bay 20km challenge	20.0
☐ Swimming from England to France	33.0
☐ The Melbourne Marathon	42.2
☐ 10 laps around Uluru	94.0
☐ Great Vic Bike Ride Horsham-Halls Gap	75.0
☐ Great Ocean Road	243.0
☐ The last leg of the journey Melbourne to The Penguin Parade	145.0
Total:	

Walk, Ride, Scoot or Skate as much as you can to complete each challenge!

Tick each box once you have completed each challenge. You do not have to complete it all at once, there is no rush!

Make sure to ask Mum or Dad to help add up every kilometre that you complete and it will go towards your total.

By completing each of these challenges you will have travelled all the way from Melbourne to Parliament house in Canberra!

