



GREAT VIC BIKE RIDE



ISSUE 3: SUNDAY 24 NOVEMBER
MOUNT GAMBIER

Tomorrow's riding: Mount Gambier to Portland

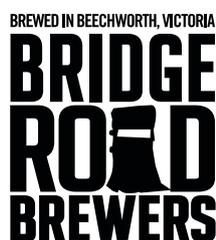


PORTLAND: A COASTAL GEM

As Victoria's first permanent settlement, Portland is a town steeped in history. From the Bay of Whales Art Gallery to the Cape Nelson Lighthouse, Portland truly offers a glance through the looking glass of time, back before the invention of colour photography.

Featuring a vast array of attractions, from the natural wonders of the beautiful Cape Nelson State Park, to the industrial marvel of the restored Portland Cable Trams, there is no shortage of things to do around this coastal gem. Make sure you swing past the local strawberry farms for some fresh strawberries!

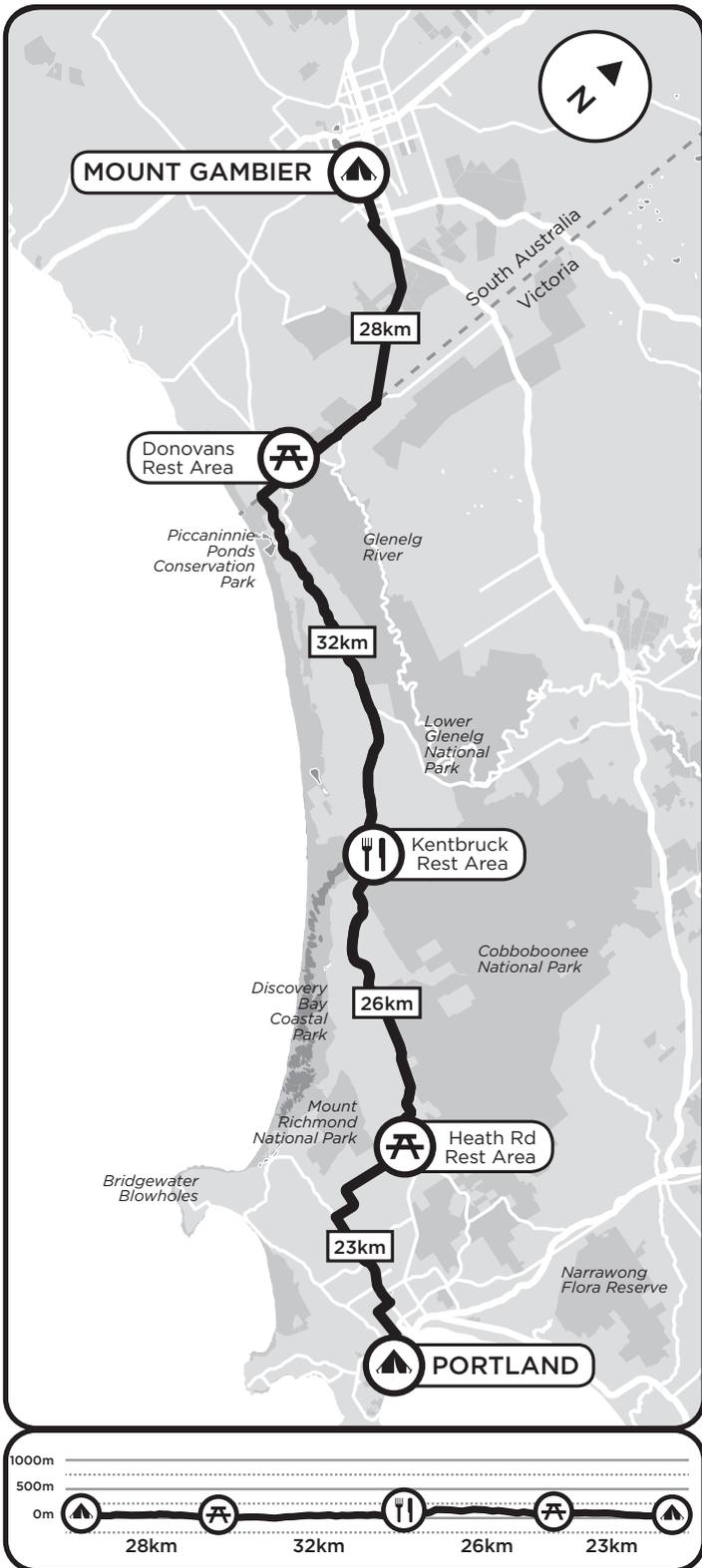
SPONSORS & PARTERS



HOSTS



TOMORROW'S RIDE



IN TOWN

PORTLAND MARITIME DISCOVERY CENTRE

Victoria's far south west has a rich maritime history with Portland the site of the state's first commercial port and once thriving whaling industry. Inside they offer themed displays which include immigration, whaling, shipwrecks, rescue, navigation, tools, underwater exploration and much more.

PORTLAND STRAWBERRY FARMS

Portland are renowned along the Limestone Coast for their iconic 'Strawberry Trucks' and is home to a Strawberry farm boasting some of the most perfectly grown strawberries in the country. Luckily for us, they're at their ripest during late November and are going to be available to purchase while we're in town.

POWERHOUSE MOTOR AND CAR MUSEUM

If cars are more your fancy, your attention might be more likely caught by the Motor and Car Museum situated right in town. With a unique and rare collection of veteran, vintage and classic cars motor bikes, stationary motors, tractors, fully restored Melbourne Cable Tram and memorabilia, it's sure to pique the interest of any self-proclaimed petrolheads among us.

FUN FACT!

The world speed record for a bicycle is held by Fred Rompelberg, who pedaled in the slipstream of a dragster at just over 268 kilometres an hour!

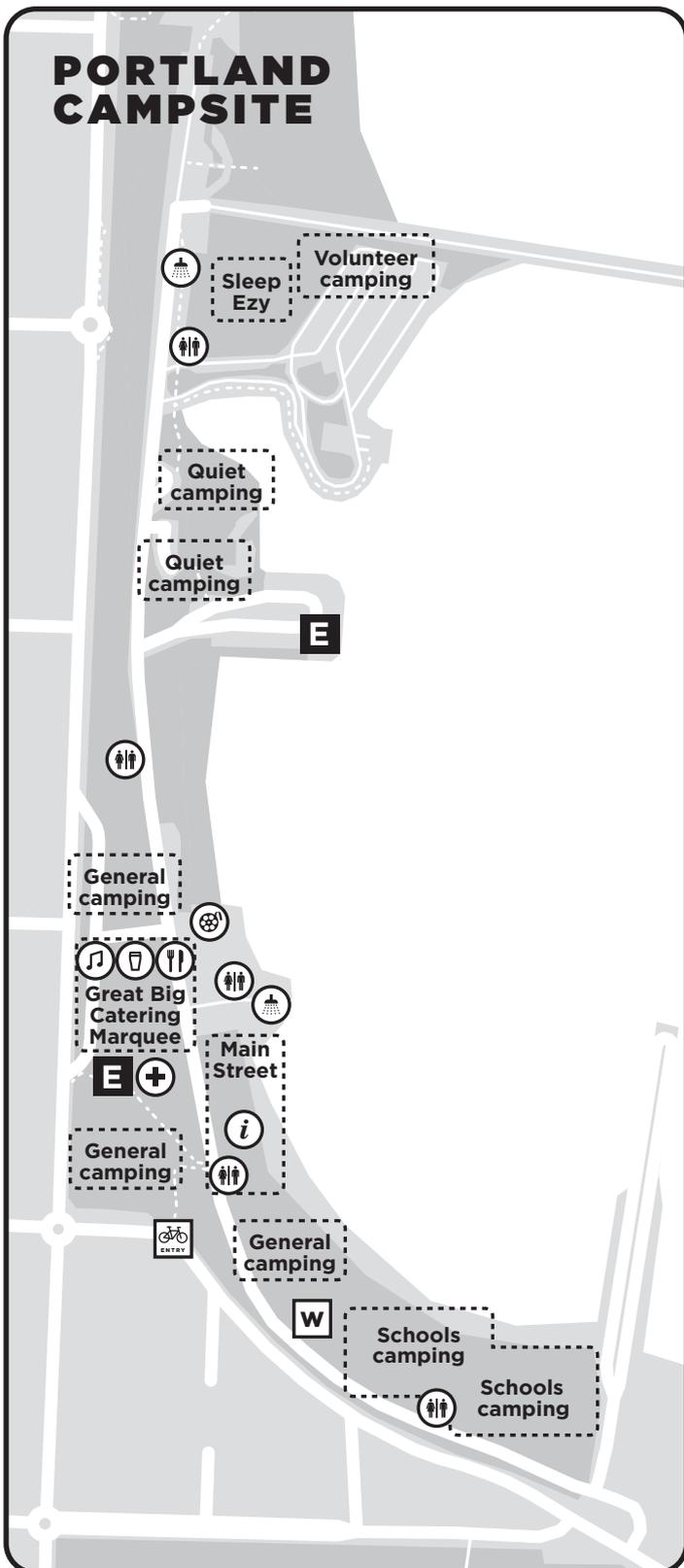
BOOK EXCHANGE

Keep an eye out for the book exchange on Main Street - you can leave a book you're finished with and pick up a new one to read from the ever-growing library!

AT CAMP

BAREFOOT BOWLS

Situated at the Portland Bowling Club, games of barefoot bowls are playable for \$5 each! If you fancy yourself a talented bowler, make sure you get down and have a game. The club will also have a sausage sizzle and their bar open for purchases.



WARBY TIPS

What to carry

Be prepared for bad weather, carry a rain coat and lights.

Carry your gear in plastic bags, very few panniers and bike bags are completely waterproof.

You can use plastic bags and rubber bands to protect non waterproof shoes if rain comes.

Group Riding

To avoid a collision in group rides:

- Point and call out the name of any hazards on the road
- Call car back when there is a car approaching from behind
- Call car up when there is a car approaching from the front

**? ANY QUESTIONS?
VISIT US AT
THE HUB!**

The Great Vic team is here to help and make sure you have the best time away with us. Visit us at The Hub on Main Street where we will be every day to answer your questions.

TOMORROW'S MENU

BREAKFAST

Bacon, tomato, potato and tomato hash, porridge, cereals, muesli, yoghurt, fruit salad, fresh fruit, bread and condiments, gluten free cereal, gluten free muesli, tea, coffee, juice, milk.

SNACK

Caramel slice, gluten free lemon slice, vegan lemon slice.

LUNCH

STANDARD:

Chicken, avocado & tomato baguette

VEGETARIAN:

Cheese avocado & salad baguette

GLUTEN FREE:

GF roll with chicken & slaw

GLUTEN FREE VEGETARIAN:

GF roll with cheese & salad

VEGAN:

Salad roll with chutney

DINNER

STANDARD:

Meatballs with penne pasta & vegetables

VEGETARIAN:

Vegetarian Meatballs with penne & vegetables

GLUTEN FREE:

Meatballs with penne pasta & vegetables

GLUTEN FREE VEGETARIAN:

Gluten free vegetarian meatballs with penne pasta & vegetables

VEGAN:

Vegan meatballs with penne & vegetables

DESSERT

STANDARD:

Crème caramel

VEGETARIAN:

Crème caramel

GLUTEN FREE:

GF Caramel Slice

GLUTEN FREE VEGETARIAN:

Gluten free cheesecake

VEGAN:

Vegan cheesecake

ENTERTAINMENT

TONIGHT - 24 NOV

Main Stage

19:30 - 21:00: Gerard V Comedy Hypnotist

21:00 - 22:00: Liam Manassa

Outdoor Cinema

17:00: Jurassic World Fallen Kingdom

19:30: The World's Fastest Indian

Bridge Road Brewers Bar

14:30 - 17:00: Liam Manassa

TOMORROW - 25 NOV

Main Stage

19:30 - 22:00: Michelle's Velocity

Outdoor Cinema

17:00: Johnny English Strikes Again

19:30: Red Dog - True Blue

Bridge Road Brewers Bar

14:30-17:00: Jason Bull

ENTERTAINERS

LIAM MANASSA

Liam is from the eastern suburbs of Melbourne. He sings and plays guitar. Influences for guitar include; David Gilmour, Santana and Mark Knopfler.

GERARD V

Comedy Hypnotist Gerard V has been hypnotising people since 1994. Gerard is a certified Master Practitioner of Hypnosis and Neurolinguistic Programming, and has a Diploma in Stage Hypnotism from the Alberta Institute of Hypnosis. He's a natural entertainer, and a hit at parties and conferences.

JASON BULL

Jason is a full-time singer from Geelong originally, playing for a wide area from Robe to Frankston. He plays guitar and piano, both originals &/or classic hits from 70's.

Daily Extra

Campsite: MOUNT GAMBIER

Date: Sunday, 24th of November



WEATHER

Min. 7 Max. 19

We're set for a dreary one tomorrow, with a 60% chance of showers and a 21km/h wind northwesterly which will soften slightly into the evening.

NEWS HEADLINES

Oh Brother!

Two brothers living in Saudi Arabia literally bumped into each other after a 21-year separation when they crashed their cars and got into an argument. They discovered they were brothers when a traffic policeman was taking down their details. Talk about a family kerfuffle!

Ruh Row Scooby!

Authorities in Florida were shocked when they discovered a runaway car being driven by a dog! Max accidentally put the car in reverse and did donuts in a luckily quiet street. He is currently in police custody being questioned for unrelated dog treat theft crimes.

Invisible Heroes:

Tonight we take a moment to appreciate all the hard workers chugging away behind the scenes. We are being provided with everything by people who are giving up their precious time with no monetary reimbursement. The people who work their butts off and do all the hard work, so that we can eat our dinner or take a shower or even leave the campsite with ease. Let's all take a moment to appreciate these people whom we don't see, and yet make our lives so easy. People who start the preparations months in advance, to organise everything we or the volunteers might need. Often, we can set on to this memorable ride because we have these unsung heroes behind us, who have got our backs. To the drivers, cleaners, writers, event controllers, caterers and many more, let it be known that we appreciate you, without which, this event could never happen.

Word Search

Bicycle Word Finder Puzzle

S T O P D B T K Q Z Q X
B I K E H C H D T J I E
N C A S H R A H G B B T
L A S A A D N G B I I Y
Y O I E W W D P S R L C
G N G E F V L V E A Z L
G J N L Z U E B K D E A
Y O A C P L B F A K A K
K S L Y L B A R R B Z L
D Q T C I R R F B F G U
C K R I D E S N P B M L
R R S B H E L M E T A D

BICYCLE	BIKE	BRAKES
CHAIN	GEAR	GO
HANDLEBARS	HELMET	PEDAL
RIDE	SIGNAL	STOP
TIRE		

Calling all Bicycle Network members!

Come and enjoy a free drink, sample some local produce and relax at the Bicycle Network members lounge in Portland and Deans Marsh!

Bridge Road Brewers Bar

3:00pm – 5:00pm

Portland (Monday 25 November)

Deans Marsh (Saturday 30 November)

Not a member? Meet the Bicycle Network team at The Hub and chat about how becoming a member makes bike riding easier for all Australians.

Memberships start from \$11.49 per month.

You can get in the Good Oil

Anyone can write for the Good Oil – if you have a story idea, a tale from the road, a poem or a puzzle you can get it in!

Visit The Hub to drop off any submissions and tips (news and fishing).

BAR POLICY

Make sure if you're planning to drink at the bar that you bring your own cup, otherwise you'll need to purchase one on main street!



Blue Lake was looking picturesque as ever today! Make sure to pay it a visit before we leave!