

MIND.BODY.PEDAL.

2016 Pilot Program Findings

Bicycle Network • LUSH • Headspace • The Kindness Effect • Smiling Minds • Bikes@Work • Sukin • Princess Hill Secondary College • Elwood College • Sydney Rd Community School • Pascoe Vale Girls College

6

Partnerships

4

Schools

172

Lives changed

WHAT THE PROGRAM HAS ACHIEVED

DOUBLE

the number of students riding to school:

From 7% to 14%

10%

increase in the number of students walking to school:

From 28% to 38%

12%

decrease in the number of students travelling by car:

From 21% to 9%

20%

increase in the number of students walking and riding to school:

From 38% to 58%

21%

of students now walk/ride to school all the time.

21%

of students have given riding/walking to school a go.

19%

decrease in the number of students who reported 0 days of active travel.

73%

60%



PRE POST

% of students getting 60 minutes of physical activity everyday



BICYCLE NETWORK

RIDE2 SCHOOL

www.ride2school.com.au