VISIT THE HUB IN MAIN STREET TO GET YOUR GREAT VIC PASSPORT STAMPS AND STAMP THEM HERE!
WIN
Cycling Tour in NZ
To enter visit: tourdevines.com.au/win

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WELCOME TO THE 2018 GREAT VIC BIKE RIDE

Just mention the year 1984 and it sparks a furious debate about what was the best thing to happen. Kevin Bacon’s Footloose? Michael Jackson’s Thriller? Steve Jobs’ Apple Mac computer? Or, the superheroes to end all superheroes, Teenage Mutant Ninja Turtles?

Well, for me it was the Great Victorian Bike Ride. Inspired by a ride across the corn-state Iowa in the USA, the then Bicycle Institute of Victoria invited people to ride from Wodonga to Melbourne. Almost 3000 hearty souls joined the fun and thanked the generous support of the major sponsor: Caltex petrol!

Fast forward 35 years and just as every actor is within six degrees of separation from Kevin Bacon, every Victorian is within six degrees of separation from one of the 100,000 plus people who’ve pedalled their way across Victoria on the Great Vic.

Mention the Great Vic to someone who’s been there and you’ll see a little twinkle in their eyes. I think the twinkle is because they’re reliving the memory of something they don’t normally do. Ride 100km in a day. Dance on stage. Justify a third ice-cream because they climbed a big hill. Grab an afternoon nap in a tent. Laugh as the rain teams down and their shelter goes under.

Whether you’re with us for 3, 5 or 9 days I know that for the rest of your life, whenever someone mentions the Great Vic, your eyes will twinkle as you remember a time you stepped outside the everyday and you cut footloose.

Craig Richards
CEO, Bicycle Network
August 2018

YOUR EVENT TEAM

In 1984, the first Great Vic was delivered by a team of highly-skilled and deeply-committed volunteers. 35-years later, we’re proud to say not much has changed!

Volunteers are still the driving force behind the Great Vic, donating the time, skill and energy that make this week in another world so unique.

In 2018, over 250 volunteers will join us for the full nine-days, so please take a moment or two to thank them over the week.

MANAGEMENT TEAM

Event Managers Kahlia Dix and Rebecca Lane
Site Operations Nick Buckley
Route Operations Kahlia Dix
Community Engagement Jaimie Collins
Volunteer Coordinator Sarah Cunningham
General Manager – Events Rebecca Lane

TEAM LEADERS

Bar Team Jess White
Campsite Services Team Rob Priestly
Campsite Team John McCurdy
Catering Equipment Team Neil White
Catering Team Margaret Chaplin and Janette Adams
Cheer Squad Joan Denison
Eco Team Maggie Luke-Davies
Event Control Team Kahlia Dix
Flying Squad Grant Whiteside
Happy Helpers Team Ethan Kusch
Logistics Team Keith Porter
Lunch Team Neil Warren
Main Street Team Hamish Haugh
Marshal Team Nicole Mcnamara
Route Services Team Andrew Smith
SAG Team Frank Coppens
Signs Team Adam Smith
Volunteer Operations Team Lyall Hill
Volunteer Support Team Vivienne Zoppolato
WARBY Team John Pyle

Bicycle Network acknowledges the Traditional Custodians of the lands on which the ride will travel through. We pay our respects to their Elders, both past and present, and the Elders from other communities who we may meet along the way.
WE’RE A CHILD SAFE ORGANISATION

Children are vital and active participants in Bicycle Network’s rides and programs, so we’re proud to have developed a child safe culture that promotes the wellbeing and safety of children. Our Child Safe Policy is designed to keep children safe when they interact with us, and as a part of this policy, we’ve made some operational changes on the Great Vic this year. These changes help to create an environment where children are safe, happy and empowered, so we know you’ll support them too!

MEMBERSHIP

To say thank you to our Bicycle Network members we will offer a free treat at Beechworth (26th November) and Glenrowan (1st December) from 3 – 5pm. Be sure to renew your membership or become a member to make sure you don’t miss out!

GETTING STARTED

STEP 1: SET-UP YOUR CAMPSITE

> Check the campsite map at the arrivals area for your preferred location.

STEP 2: COLLECT YOUR RIDER PACK

> This includes your ride guide, bag tags, bike tag and passport, as well as some great offers from our partners.
> Remember your passport is your ticket to the campsites and all essential services, so please keep it on you at all times.

STEP 3: GET YOUR GEAR READY

> Remove any packaging
> Check-in with the mechanic
> Fit your bike and bag tags

STEP 4: ENJOY!

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STEP 4: ENJOY!

JOIN US TODAY
bicyclenetwork.com.au
#TogetherWeRide
NEED A HAND?
Across the week, the Bicycle Network team are here to help! Our Event Assistance team can assist with responses to things like:

<table>
<thead>
<tr>
<th>On Road</th>
<th>At the Campsite</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Aid requests</td>
<td>Problems with amenities or equipment</td>
</tr>
<tr>
<td>Mechanical &amp; SAG support</td>
<td>Security concerns</td>
</tr>
<tr>
<td>Incidents</td>
<td>Incidents</td>
</tr>
</tbody>
</table>

Remember to save the phone numbers and ask yourself:

IS IT AN EMERGENCY?
Does it require Ambulance, Fire or Police?

NO
CALL EVENT ASSISTANCE
0425 381 816
or
0425 777 484

YES
STEP 1:
Call EMERGENCY SERVICES
000 or 112
STEP 2:
Call EVENT ASSISTANCE
0425 381 816 or
0425 777 484

In case of an emergency it is always recommended to call 000 first.
Calling event assistance after calling 000 is essential so that, where possible, Bicycle Network can work with the Emergency Services to facilitate the appropriate response.

Note: Between 5:30pm and 5:30am the event assistance phones are monitored by our friendly security team rather than the event and volunteer team.

KEY CAMPSITE TIMES

<table>
<thead>
<tr>
<th>Campsite Open</th>
<th>12 noon daily (Day 2 at 1pm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Campsite Closed</td>
<td>8.30am each morning</td>
</tr>
<tr>
<td>Site lights out</td>
<td>10pm</td>
</tr>
</tbody>
</table>
YOUR LUGGAGE
We’ve got your luggage transport sorted. You just need to:

1. Pack your personal gear and camping equipment into 1 or 2 bags (max 10kg per bag)
2. Self-load your luggage onto the closest luggage truck
3. Take note of the truck number that you pack your luggage into, so you know where to look at the next campsite

At the next campsite, simply:

1. Locate your luggage truck number
2. Grab your friends and family, and help unload the bags into the nearby area

HINT: If you arrive later to camp and can’t find your bag, it may have just been moved to allow room for a tent – have a look around the truck and the nearby tents, or contact Event Assistance.

EAT & DRINK

GREAT BIG CATERING MARQUEE
The Great Big Catering Marquee is your dining room for the week – breakfast and dinner are served daily at the times below. It’s also home to our main bar and the entertainment stage.

<table>
<thead>
<tr>
<th>Meal</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>Ride days: 6am-8am</td>
</tr>
<tr>
<td></td>
<td>Rest day: 7am-9am</td>
</tr>
<tr>
<td>Dinner</td>
<td>Daily 5-7:30pm</td>
</tr>
</tbody>
</table>

MAIN STREET
If you’re peckish between meals or after something to eat outside of the Great Big Catering Marquee, there are plenty of options in Main Street. With food trucks, coffee vans, community groups and other vendors, there’s something for everyone!

<table>
<thead>
<tr>
<th>Daily</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>6am-8:30am</td>
</tr>
<tr>
<td></td>
<td>12 noon-9pm</td>
</tr>
</tbody>
</table>

CAMP OPTIONS

GENERAL CAMPING
General camping is included in your ticket, which is a site for your tent and your bike.

We don’t reserve or allocate individual sites, so each day camping is first in, best dressed. We do ask that you’re mindful of space, bring a suitably sized tent and minimizing your footprint on site.

QUIET CAMPING
Our quiet camping area is perfect for those seeking a little tranquility with their camping experience. With an early ‘lights out’ of 9.30pm, we ask quiet campers to keep noise levels to a minimum and respect the serenity of the quiet camping area. Quiet camping is included in your ticket, and is first-in, best-dressed.

SCHOOLS
Our schools camping area is set-aside for school groups and is home to the Ride2School activities area.

DOME ZONE AND STAND-UP SECTION
The Dome Zone and Stand-up Section are for those riders who want to add a little luxury to their Great Vic experience. Our talented Sleep Easy team will set-up and pack-down the supplied tents each day, and transport your luggage on a dedicated truck. Dome Zone and Stand-Up Section upgrades can be purchased from the Bicycle Network marquee in Main Street.

PHONE & EBIKE CHARGING
We’ve got ChargeSpot on site every day to keep you powered up!

For Ebikes, make sure you drop off your battery early to get the longest possible charge, as we are unable to charge ebikes overnight. If you do choose to drop your ebike battery off later in the afternoon, the team will still be happy to charge it for you, but will only be able to charge the battery until 15 minutes prior to the charging station closing time.

You’ll find the campsite maps for each site located at the Bicycle Network marquee in Main Street, and in the Good Oil each night.
**SPOKES BAR**
Local live artists create a laid back atmosphere in Spokes Bar, making it the perfect spot to relax and listen to some tunes on a sunny afternoon. For the first time in 2018, you’ll also be able to grab a bite to eat from one of our food trucks in our new look bar area.

**Ride Days**
1pm–6pm (Closed rest day)

---

**SELF-SERVICE TEA, COFFEE & MILO**
Our self-service tea, coffee and milo station is the perfect antidote to a chilly morning or evening on the Great Vic. Head to the station to grab a free cuppa and chat to like-minded riders.

**Ride days**
6am–8am  2pm–9:30pm

**Rest day**
6:30am–11am  5pm–10pm

---

**WATER REFILL STATIONS**
Tap water is available 24/7 on the Great Vic. Keep an eye out for our yellow and black ‘Bidon Bars’ at the main entrance to the site, and located near all the main camping areas.

**NOTE:** Water in the toilets and handwashing stations is not suitable for drinking. Please don’t wash your hands at the drinking water stations.

---

**YOU & YOUR GEAR**

**TOILETS**
Toilet trucks and cubicles are located around the campsite for your convenience.

Please remember to wash your hands with soap and water each time you leave, and also note that the water in the toilets is not suitable for drinking or brushing your teeth.

Toilet trucks can only be used by riders aged over 18 and will be marked with signage. Toilet cubicles can be used by all riders.

**SHOWERS**
Check the campsite map for shower locations each day. Consider your fellow riders and the environment by keeping your showers as short as possible.

Both shower trucks and shower cubicles are at campsites. Shower trucks can only be used by riders aged over 18 and will be marked with signage. Shower cubicles can be used by all riders.

**Ride Days**
12noon–8.30pm

**Rest Day**
7am–8.30pm

---

**CLOTHES WASHING STATIONS**
Our clothes washing stations are located near the Great Big Catering Marquee on each site and include provisions for handwashing only.

**Ride days**
2pm–5pm

**Rest Day**
2pm–5pm

---

**MECHANIC**
If you find your bike is in need of a quick repair or tune up, our on-site mechanics from Melbourne Bicycle Centre will be there for the duration of the event to assist. They operate on a user-pays basis, and also have a range of equipment available for purchase.

**Daily**
12noon–8pm

---

**MEDICAL SUPPORT**

**FIRST AID**
For First Aid support, please visit one of the locations below:

> On the road: rest and lunch sites (or contact Event Assistance)
> At the campsite: Main Street (from 12pm to 2pm)

**MEDICAL CLINIC**
We operate a small medical clinic to support our riders across the week. All consultations with the doctor or nurse will be bulk-billed, so it’s important to bring your Medicare card.

The team can also assist with the storage and transport of any personal medication! There’s no pharmacy on site, and often none in some of the small regional towns, so you must bring along any personal prescription medication with you. This includes asthma pumps, insulin, heart medication, etc.
medication requiring refrigeration, and the recharging of batteries for mobile CPAP machines.

Please note that our medical clinic operates similar to your normal GP clinic - we’re not a hospital, so we cannot accommodate overnight care. However, first aid assistance is available around the clock, via Event Assistance.

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2pm–7pm</td>
<td>Ride Days</td>
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<tr>
<td>9am–6.30pm</td>
<td>Rest Day</td>
</tr>
</tbody>
</table>

**STAY CONNECTED**

**BICYCLE NETWORK MARQUEE (INFORMATION HUB)**
The Bicycle Network Marquee is your one stop information centre for the Great Vic. Located in Main Street, our brilliant Event Team can tell you what’s happening in town and on the campsite at each of our stops, as well as providing essential services such as lost property.

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>6am–8.30am</td>
<td>Ride Days</td>
</tr>
<tr>
<td>12noon–6pm</td>
<td>Rest Day</td>
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</table>

**THE GOOD OIL NEWSPAPER**
This is the daily newspaper of the Great Vic and is delivered to the tables each night at dinner in the Great Big Catering Marquee. Find out all the details for the next day’s ride and host town, and read all about the great characters that make up the Great Vic!

**SOCIAL MEDIA**
Stay connected by joining the Great Vic Bike Ride Facebook event page and be sure to post any happy snaps with the official hashtag #GREATVIC

**DAILY RIDER BRIEFING**
Each night on the Main Stage, the Event Team will update you on what to expect the next day and any other important event information.

<table>
<thead>
<tr>
<th>Time</th>
<th>Service</th>
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<tbody>
<tr>
<td>7pm</td>
<td>Daily</td>
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</table>

**ENTERTAINMENT**

- Main Stage — Great Big Catering Marquee
- Spokes Bar
- Outdoor cinema
- Pilates and Yoga
ENTERTAINMENT
We know Great Vic’s not just about the riding, but also about the experiences your share with new and old friends on the campsite. So we’ve got plenty of offer for you to enjoy!

ENTERTAINMENT SCHEDULE
With our Main Stage in the Great Big Catering Marquee and Spokes Bar perfect for acoustic sessions, there’s something to keep you entertained every afternoon and evening.

OUTDOOR CINEMA
Roll up to our big screen to enjoy twice-daily movies. Don’t forget to grab your popcorn from Main Street!

STRETCHING
We know a full week in the saddle can take a toll on your body, so limber up at one of our free stretching sessions.

<table>
<thead>
<tr>
<th>PILATES AND YOGA</th>
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<tbody>
<tr>
<td><strong>Saturday</strong></td>
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<td><strong>Sunday</strong></td>
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LIVE PERFORMANCE

<table>
<thead>
<tr>
<th>DAY</th>
<th>GBCM TIMES</th>
<th>GREAT BIG CATERING MARQUEE</th>
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</thead>
<tbody>
<tr>
<td><strong>Sat 24th Nov</strong></td>
<td>19:30–22:00</td>
<td>Grooveyard Hammond Combo</td>
</tr>
<tr>
<td><strong>Sun 25th Nov</strong></td>
<td>14:30–17:00</td>
<td>Pub Trivia</td>
</tr>
<tr>
<td><strong>Mon 26th Nov</strong></td>
<td>14:30–17:00</td>
<td>Dog Gone South</td>
</tr>
<tr>
<td><strong>Tue 27th Nov</strong></td>
<td>14:30–17:00</td>
<td>Comedy Roadshow</td>
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<tr>
<td><strong>Wed 28th Nov</strong></td>
<td>14:30–17:00</td>
<td>The New Savages</td>
</tr>
<tr>
<td><strong>Thu 29th Nov</strong></td>
<td>15:30–16:00</td>
<td>Talent Quest</td>
</tr>
<tr>
<td><strong>Fri 30th Nov</strong></td>
<td>14:30–17:00</td>
<td>Doc &amp; the Fringe Dwellers</td>
</tr>
<tr>
<td><strong>Sat 1st Dec</strong></td>
<td>14:30–17:00</td>
<td>80’S Enuff</td>
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<tr>
<td>19:30–22:00</td>
<td>Closed</td>
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<td>14:30–17:00</td>
<td>14:30–17:00 David Salter</td>
<td>14:30–17:00 Amie Grisold</td>
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<td>14:30–17:00 David Salter</td>
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</tr>
<tr>
<td>Wed 28th Nov</td>
<td>David Salter</td>
</tr>
<tr>
<td>Thu 29th Nov</td>
<td>N/A</td>
</tr>
<tr>
<td>Fri 30th Nov</td>
<td>Grooveyard Hammond Combo</td>
</tr>
<tr>
<td>Sat 1st Dec</td>
<td>Grooveyard Hammond Combo</td>
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## Minimising the Great Vic Footprint

As a travelling community, we’ve always been proud of our efforts to minimise the impact of the Great Vic on the environment and local communities, but as the war on waste heats up globally, we’re raising the bar and proud to share some new initiatives for 2018 that will help reduce the footprint of the Great Vic:

- We’ve removed all single-use plastics from our desserts – that’s about 20,000 pieces over the course of the week!
- At Beechworth and Rutherglen, we’re trialling food waste receptacles that will help us divert food waste from landfill. Please make sure you use the designated food/organics bins at these sites.
- All our Main Street vendors have removed single-use plastic serving ware with eco-friendly alternatives available.
- Our coffee vendors are offering discounts to Riders using Keep Cups.
- Removed individual plastic packaging from our Volunteer Team outfits.

In support of our commitment here in this space, we ask that you kindly remember to:

- Bring reusable plates and cutlery for your meals.
- Place all waste and recycling in the appropriate bins.
- Reduce food waste by taking only what you need.
- Where food waste bins are in place please only place food waste in these bins. No plates, cutlery or packaging!

Our commitment is to work with our team, suppliers and Riders to continually minimise our impact. As we implement these changes we appreciate your support.
LIVING YOUR BEST CAMPSITE LIFE
In consideration of your own well-being, as well as that of your fellow riders, we ask that you kindly:

**DO**
- Leave no trace by placing all waste in the bins around the campsite and at rest areas
- Wash your hands regularly, especially at meal times
- Wash your dishes after every meal
- Seek medical assistance if you feel unwell
- Look out for each other
- Let Event Assistance know if any of the amenities are out of order

**DON’T**
- Eat, brush your teeth or fill up drink bottles in the toilets or showers
- Replace soap and water hand-washing with hand sanitizer
- Turn off, move or modify any equipment (e.g. generators or lights)

ON THE ROAD

KEY ROUTE TIMES
Rider departure 6.30am – 8.30am* daily
Please be aware that if you commence riding outside of these times, we are unable to support your journey.
*Day 2 latest departure time is 7.30am

RIDING CHECK LIST
- Your Ride Guide and Passport
- Suitable clothing for both wet, cold, dry and hot conditions
- Spending money and mobile phone
- Basic first aid kit and bike tool kit
- Personal medications
- Bike lights with charged batteries
- Water and snacks
- Sunscreen and a hat for when you're off the bike
**RULES AND ETIQUETTE**

- Obey the road rules, the police, traffic controllers and route marshals
- Be aware of your surroundings – remember to look around
- Ride no more than two abreast (side-by-side)
- Ride single file where signed. Do not cross double lines
- Pass only in single file
- Pass only to the right of other riders
- Communicate: call ‘passing’ when passing or ‘stopping’ when stopping, call or point out any hazards on the road
- Move to the left to allow motor vehicles to overtake
- Move well off the road before you dismount, walk your bike well off the road
- Rest when you’re tired, rest only on the left-hand side of the road
- Don’t use a mobile phone while riding
- Keep alert and aware
- Leave enough space between you and the bike in front of you
- If you find someone in distress, stop and offer help. If it’s an emergency call 000, or call Event Assistance for all non-emergency matters. Even if you can’t help, some company is great.
- Be aware that weather will affect the conditions in which you are riding
- Be seen: use lights if it is dark
- A helmet must be worn at all times while on your bike

**SAFE CYCLE**

- Be aware of where you are riding on the road.
- Ride in the Green Zone.
- Pass, when safe to do so, in the Orange Zone.
- STAY OUT of the Red Zone, this is for oncoming traffic.
- Where the shoulder is a solid surface, this can be a good place to ride.

---

![SHOULDER
GREEN ZONE
SAFE FOR RIDING
ORANGE ZONE
OVERTAKING AREA WHEN SAFE
RED ZONE
STAY OUT-ONCOMING TRAFFIC
BE AWARE THAT YOU ARE RIDING ON THE ROAD](image)
ALONG THE ROUTE

REST AREAS
Rest areas are located every 25-30km along the route. Here you can access first aid, water, coffee and toilets.

LUNCH STOP
Lunch is located about 50km into the day’s riding. It’s a super-sized rest area with first aid, toilets, water, lunch and some vendors.

BIKE MECHANICS
Our bike mechanics can be found at each of the rest areas and lunch stops. We also have limited mobile assistance so if you find yourself in trouble out on the road, contact Event Assistance.

SAG WAGONS
Our SAG wagons support riders who are unable to continue riding, from injury, illness or mechanicals.

If you need a SAG, please find a safe spot off the road and put your bike upside down to indicate you need help. You can also call Event Assistance to log your request.

Please note that our SAG Wagons travel along the rider route at slow speed, so this is not an express service back to campsite!

ROUTE MARSHALS AND TRAFFIC CONTROLLERS
Marshals and traffic controllers are located along the route to help support your ride and minimise the impact on other road users. Please follow their instructions in relation to:

> Directions: they’ll help you know when or how to make a turn
> Intersections: they’ll help you through busy intersections
> Hazards: they’ll identify and give clear instructions to help you avoid hazards

Please note that marshal instructions apply only to riders, while traffic controller instructions apply to all road users (including riders).

WARBYS
Founded by volunteer Tony Barter, The WARBY (We Are Right Behind You) Team are a team of volunteer riders who can help you learn basic mechanical skills and provide that little extra support you may need to get through the day.

LOOKING AFTER YOURSELF

DEHYDRATION
Dehydration is one of the most common reason riders are unable to complete their ride on the Great Vic. Fortunately, it’s easily avoidable. We recommend:

> Hydrate well each morning before you hit the road
> Carry at least two water bottles and fill them up at each rest area
> Utilise hydration products such as Hydralyte at regular intervals, particularly on longer-distance days
> Avoid too much alcohol

COLD / HEAT STRESS
It wouldn’t be a Great Vic without a bit of rain and strong heat. To minimise the impact to your health on days where the weather is extreme, please remember to:

> Wear appropriate clothing but always carry additional layers, including a rain jacket
> Wear appropriate water-resistant footwear
> Reapply sunscreen regularly and be sunsmart with a hat and protective clothing
> When it’s cold, keep moving as much as you can. When it’s hot and you’re taking a break, find some shade
Bright is an all-year-round destination and believed by some to be the state’s ultimate bike terminal with Mount Buffalo, Mount Beauty, Falls Creek, Mount Hotham, MTB parks and a beautiful rail trail all on its doorstep.

When you arrive on Day 1, you’ll set up camp with all of this surrounding you. There’s no official riding this day, so you can do as you please whether that’s moseying around the quirky shops and boutiques or going for a dip in the river.

**DAILY HIGHLIGHTS:**

- Head into town for a drink at Bright Brewery - it sure won’t disappoint.
- Take some time to wander down the Ovens River.
Riding will begin by heading from Bright towards Myrtleford on the Great Alpine Road. Oak and pine trees will provide shade from the sun as we ride through towns with brilliant names like Porepunkah, Smoko and Eurobin.

We’ll have a stop in Myrtleford to give the legs a rest before you tackle Stanley Hill - 13 kilometers of climbing! At the end of the climb you will be rewarded by riding through stunning apple and chestnut orchards before arriving in the quaint town of Stanley. From here it is only a short ride to Beechworth with a will detour past Lake Sambell, feel free to pop your toes in before you finish your journey at camp.

**DAILY HIGHLIGHTS**

- Be sure to stop and look around the township of Stanley. Every angle of the town looks like an image you would find on a calendar at your Grandma’s house.
- Have a dip in Lake Sambell, it’s the perfect way to recover after the big climb up the hill!
- Feeling brave? Why not head up to Mayday Hills Mental Asylum for a ghost tour or challenge yourself with one of their escape rooms.
- Test your knowledge at pub trivia kicking off at 7:30 at the Great Big Catering Marquee

**WARBY TIP**

- Whether you’re a first timer or a seasoned Great Vic Veteran you must follow the directions of the on route support teams.
- Even on a closed road, road rules apply. Keep left and stay vigilant as event vehicles will still be on the road.
- There is a big hill today so remember change gears before the hill, not half way up, and keep spinning.

**TOP TIP**

Lake Sambell is an amazing spot to stop for a swim on today’s route. However, if you are not a confident swimmer we strongly recommend not getting into the lake.
There's simply too much to see and do around Beechworth, so instead of proceeding to a new town straight away, the second ride day will be a loop to Milawa and back.

We'll roll past the Beechworth prison in the morning, one of the towns more historic sites, and then the less historic but equally well known Bridge Road Brewery.

With mountains, trees and vineyards all around you on today's ride, you should feel quite in touch with nature, and be excited to try the local gourmet delights waiting at Milawa.

If you do take the opportunity to indulge during lunch at Brown Brothers winery, there's no need to worry - the ride back to Beechworth does include a few little climbs, so you will burn it all off.

**DAILY HIGHLIGHTS**

> Brown Brothers is always a Great Vic favourite, so feel free to stop and enjoy the winery. They are also offering free delivery if you buy 6 or more bottles.

> Wine not your thing? Why not stop into Bridge Road Brewers for a cold one. If you like their stuff you're in luck, we will be serving it at our bars the entirety of the ride.

> Why not relax and take in a movie. We have Transformers and Ladybird playing this evening and even have a grandstand for you to kick back and watch in comfort.

**TOP TIP**

We spend a lot of time in the sun whether it be out on the road or at camp. Make sure you are applying and reapplying sunscreen all day, nobody likes a riding knicks sunburn line striped across their legs.

**WARBY TIP**

> When signed, ensure you stay in single file, keep left and only overtake when safe to do so.
One of the greatest aspects of this year’s ride is that you get to experience both the mountains and the Murray, and today is the day that you’ll approach Australia’s longest river.

The ride from Beechworth to Tallangatta includes some classic Australian farm land – expect the cattle to curiously walk up to the roadside fence as they try to work out why there are more than 3,000 people riding past.

Even though we’ll be riding away from the Alps, there will still be plenty of hills to make the views pleasant. Once Lake Hume comes into sight you know you’re near Tallangatta.

**WARBY TIPS**

- Enjoy the views, stop, rest and relax. It’s a holiday, not a race. You’re burning calories, you can afford the odd coffee and cake.

**TOP TIP**

- Enjoy a laugh? It’s comedy night at the Great Big Catering Marquee kicking off at 7pm.

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**TWO WHEELS STREET PARTY**

When: 4pm -9pm

**FEATURING**

- Live music
- Street stalls
- Macramé workshops
- Border BMX Club
- Tallangatta Public Pool
- Rainbow the Clown
- Barefoot bowls
- Horsemanship whip cracking

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**ELEVATION (M)**

0

500

1000
2019 WILL BE OUR BEST GREAT VIC YET!

ROUTE REVEALED TALLANGATTA TUES 27TH NOV
The agricultural land we will travel through today is less livestock oriented and more horticulture and viticulture-focused. In other words, today we’ll be riding past wineries and orchards.

There are plenty of places to stop for a snack and a yarn along the way as we pass through typical small Victorian towns such as Kiewa and Barnawartha. Be sure to fuel your body, today is our longest day of riding.

This region is famed for their red wines and muscat, so much so that as we approach the town you will see its answer to Goulburn’s merino and Coffs Harbour’s banana: the Big Wine Bottle.

**DAILY HIGHLIGHTS**

- We ride directly past Rutherglen’s Big Wine Bottle - it’s a perfect opportunity for a photo.

**WARBY TIP**
- With today being the longest day of riding make sure you are fuelling your body accordingly. Remember the simple rule: eat before you are hungry and drink before you are thirsty.

**TOP TIP**
- Keep your energy levels up by carrying snacks in your back pocket.
Rutherglen has plenty of offerings with many focusing on the region’s rich wine and produce. If you haven’t had enough of riding yet, you could also venture out and take a look at the local rail trails.

Otherwise, this is your chance to enjoy a well earned break as you take a wander through town, sampling the delights of the many local eateries or wineries.

**ACTIVITIES**

**CANOEING**
> Wanting to rest up those legs but still go on an adventure? Enjoy a relaxing guided 2-3 hour paddle down Australia’s premier river, The Murray.

**WINERIES**
> The Winemakers of Rutherglen courtesy shuttle bus will leave from the campsite and will be following three route options around the wineries. They want you to be entertained and relax at their cellar doors! Go to explorerutherglen.com.au for more information.

**APEX GRAPE STOMPING**
> Apex Rutherglen are seasoned at running the famous Winery Walkabout ‘Grape Stomp.’ Using grapes from last year’s vintage, two teams of two treaders per race compete to have the most crushed juice at the end of 3 minutes! Located at Apex Park near Lake King in Murray.

**RUTHERGLEN LANDCARE GROUP TOUR**
> Tours depart at 10am and 2pm - allow 3 hrs for the tour.
> Adult $10, Child $5.
> Tour highlights: Brolga breeding site, Rutherlen Gold Battery, Lake Moodemere, River Redgum forest, Brimin Lodge (see squirrel gliders), Murray River walk.

Bookings for the canoeing and wineries can be made by visiting the Whats On page on the website.

Support the Rutherglen community and their other activities such as BBQs, tennis court hire, laundry services and special lunch menus. Check out what’s on our website.

greatvic.com.au/community/the-hosts-2/#whats-on
As we leave Rutherglen we will head up Distillery Road, which is home to many of Rutherglen’s famous wineries.-what a way to exit this beautiful town.

On our way to Yarrawonga, we will cross the river at Corowa NSW, a town which is famous for being the birthplace of federation.

There will be a lot of riding alongside the mighty Murray today in the shadows of the giant gum trees that line the banks.

Situated between the Murray and Lake Mulawla with it’s ghostly river gums, Yarrawonga offers you another chance to whet your appetite or wet your legs with its local eateries, river beaches and water sports.

**DAILY HIGHLIGHTS**

> There are plenty of spectacular views of the mighty Murray on today’s leg of the ride. Make sure you bring the camera along.

**WARBY TIP**

> When entering a rest area ensure you pull right off the road and make your way into the site. No one likes someone who stops in the entrance.

> When signed, ensure you stay in single file, keep left and only overtake when safe to do so.

**TOP TIP**

> We are fortunate to have a spectacular view when we cross the weir bridge. Please don’t stop in the middle of the bridge for photos. If you want to get photos, park your bike on the Yarrawonga side of the bridge and walk back along the foot bridge.
Today’s riding will be mostly flat across open plains which your legs will appreciate as we get closer to the end of nine days of riding.

However, there are a couple of little climbs today near the Warby-Ovens National Park and as we pull into Glenrowan, a town which is famous for being the location of Ned Kelly’s last stand.

If you’re still undecided about whether Australia’s most well-known bushranger is a hero or villain you could visit the Ned Kelly Museum to get his full story and make up your mind.

**DAILY HIGHLIGHTS**

- Not many people can say they have been to the township of Wilby, this hidden gem is a town full of heart.
- You won’t leave Glenrowan without learning about Ned Kelly, drop into the museum or enjoy a Ned Kelly Pie at the bakery.
The last day of riding is upon us and we are on route to Benalla. We head south of Glenrowan along a legendary local riding route. You will find yourself heading up and down undulating hills and winding your way through beautiful stretches of road through the King Valley. Gumtrees tower over head giving you the feeling that you are riding through tunnels.

You'll soon find yourself rolling into Benalla where you will be greeted by some of the towns amazing murals and a warm welcome from the local community. As you cross the finish line you will have time to celebrate your amazing achievement, before making your way home with a bag full of memories.

**DAILY HIGHLIGHTS**

- Benalla is home to great food, stop in for lunch before you continue home.
NEED A RIDE?
> We offer user-pays coach transport back to Melbourne and other regional centres, which must be pre-booked at bicyclenetwork.com.au or at the Bicycle Network marquee on event (up until Fri 30 Nov).
> Regional coaches leave the finish site at midday, unless all passengers are on board prior.
> Melbourne coaches will depart once full, with the last departing at approximately 2pm.

WHERE: Benalla Showgrounds

PICK UP & EVENT PARKING
1. Please turn onto Martin Place via the Midland Hwy
2. Turn left onto Maud St and enter the showgrounds via the Maud St gate entrance
3. Public event parking is available in the showgrounds from 7am-2pm. Please follow the directions of marshals.
4. Exit car park via the gate onto Market St, then right onto Waller St to the Midland Hwy.

WARBY TIP
Want to cross the finish line with your friends and family? If you need to wait for them to catch up, find a safe place to completely pull off the road. There are plenty of places a a couple of kilometres out of Benalla along Kilfeera Road.

TOP TIP
After crossing the finish line and celebrating your achievement, it’s time to grab your belongings and make your way home. Keep in mind that there will be many others doing the same thing, so please be patient. The Bicycle Network team will be on hand to make your transition home as easy as possible, so please follow their instructions.

Feeling tired after your ride? Please be responsible if you’re driving home and take a break before hitting the road.

Long-term & Event Parking
Visit The Hub to pick up your merchandise memento for this year's Great Victorian Bike Ride.

- **Jersey**: $90
- **Gilet Men’s**: $90
- **Gilet Women’s**: $90
- **Gilet Men’s & Women’s Specific**: $130
- **Cycling Cap**: $25
- **Sun Sleeves**: $25
- **Hoodie**: $60
- **Socks**: $20
- **Tee Shirt**: $30
As we celebrate our 35th year of the Great Vic, there’s so many people we’d like to thank for their generous contribution to this iconic event, both in 2018 and through all the years that have passed.

First and foremost, our dedicated volunteers. In 1975, you founded our organisation, kick-starting some of Australia’s most iconic events and since then have continually shared your time, knowledge, kindness and skills with so many others. From those who’ve been with us for 30 years to those who’ve joined us for the first time – thank you for helping make bike riding easier, and for bringing the ‘spirit of Great Vic’ to life every year.

To the councils and local communities, Victoria Police, VicRoads and other stakeholders, thank you for what you’ve shared with the Great Vic, our riders and our teams over the years. You’ve helped bring this event to every corner of Victoria (and sometimes even NSW and SA!).

Finally, we’d also like to acknowledge our dedicated contractors who work so hard behind the scenes to help shape and deliver the Great Vic every year. On our 35th birthday, we’ve also got a special shout-out to those who’ve been by our side for so many years - Atmosphere Events, Ballarat Coachlines, Echo Printing & Graphics, SSM, our brilliant catering team, Luke Bramston, John Stracey, Stubbsy, GAME Traffic and Contracting and Zest Bars the Great Vic is truly a team effort, we’d be lost without you!